# Gum Disease Risk Assessment

CANNON FAMILY DENTISTRY

## Patient Information

Patient First Name | MI | Patient Last Name | Patient Date of Birth

## General Health Information

In our practice, we strive to provide our patients with optimal oral health. We are focused on preventing or limiting periodontal (gum) disease, and dedicated to identifying and treating disease early, when the pain and costs associated with treatment are much less. According to the National Center for Biotechnology Information, "Significant associations between periodontal disease and cardiovascular disease, diabetes mellitus, preterm low birth weight, and osteoporosis have been discovered, bridging the once-wide gap between medicine and dentistry." Please take a few minutes to answer the questions below so that we can assess your individual risk for gum disease and tailor our treatment recommendations to your specific needs.

| | | | | | |
|---|---|---|---|---|---|
| Do you floss daily? | Y | N | Are you age 35 or older? | Y | N |
| Do you have a family history of premature adult tooth loss and/or gum disease? | Y | N | Do you have a history of heart disease and/or are you taking medication for hypertension? | Y | N |
| Are you taking medication for diabetes? | Y | N | Have you ever been a tobacco user (including smokeless tobacco) and/or smoker of any kind (including marijuana/vape)? | Y | N |
| Is there redness on toothbrush or in the sink when you rinse after brushing? | Y | N | Do you have persistent bad breath (noticed by you, your partner/friend/colleague)? | Y | N |
| Have you noticed a movement/shifting of teeth (gaps developing, tooth/teeth mobility)? | Y | N | Do you occasionally experience discomfort/ pain when eating/chewing? | Y | N |

**TOTAL POINTS**

Assessing your Gum Disease Risk

LOW TO MODERATE RISK: Total Points 0-3

MODERATE TO HIGH RISK: Total Points 4-9

HIGH RISK: Total Points 10 or higher

Patient's Signature | Date | Doctor's Signature | Date